



Since 1991

SENGUNTHAR ARTS AND SCIENCE COLLEGE

(Affiliated to Periyar University, Salem and Approved by AICTE, New Delhi)

An ISO 9001:2015 Certified Institution

Recognised under section 2(f) and 12(B) of the UGC Act 1956 and Accredited by NAAC

TIRUCHENGODE – 637 205



The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga centre etc.

S.No.	Particulars	Page no.
1	Sports	1-10
2	Cultural activities	11-12
3	Yoga centre	13-14



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Sports Supporting Documents



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SPORTS FACILITIES

S.No	Events
1	Basket ball
2	Hand ball
3	Volley ball
4	Throw ball
5	Kabaddi
6	Ball Badminton
7	Foot ball
8	Cricket
9	Tennis
10	Table Tennis
11	Badminton
12	Judo
13	Wrestling
14	Boxing
15	Power lifting, Weight lifting
16	Kho-kho
17	Chess
18	Athletics
19	Taekwondo

Indoor court with size

S.No.	Court	Size
1	Table Tennis	[2.74m long x 1.525 wide]
2	Badminton Singles	[13.4x5.18m]
3	Badminton Doubles	[13.4x6.1m]
4	Judo	[8-10m]
5	Wrestling	[12m square]
6	Boxing	[4.9 to 6.10m square]
7	Power lifting	[4m square]
8	Weight lifting	[4m square]
9	Chess	—
10	Taekwondo	[10x10]

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Outdoor Court with Size

S.No.	Court	Size
1	Basket ball	[28mx15m]
2	Hand ball	[40mx20m]
3	Volley ball	[18mx9m]
4	Tennis	[23.77m long], {singles: 8.23m}
5	Tennis	[23.77m long] {Doubles: 10.97m}
6	Throw ball	[18x9]
7	Kabaddi	{Men: 13mx10}
8	Kabaddi	{Women: 10x8}
9	Ball Badminton	[24mx12m]
10	Foot ball	[90mx45m]
11	Cricket	[137mx150m]
12	Kho-kho	[29mx16m]

Athletics - 200 Track

S.No.	Event	Size	Length
1	shot put	2.135m	length=25m
2	discus throw	2.50m	length=50m
3	long jump	2.75m	length=9m runway=40m
4	javelin	4m	length=36.5m runway=36.5m

Gym Material Details

S.No.	Equipments	Count
1	Bench Press	1
2	Rod	2
3	Small Rod	4
4	Thumbles	1

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Weight Plate

S.No.	Kg	Weight Plate
1	25kg	3 set
2	20kg	3 set
3	15kg	2 set
4	10kg	4 set
5	7.5kg	2 set
6	5kg	3 set
7	3kg	1 set
8	2.5kg	2 set
9	1.4kg	2 set
10	Squad Stand	2
11	Platform Wood	4

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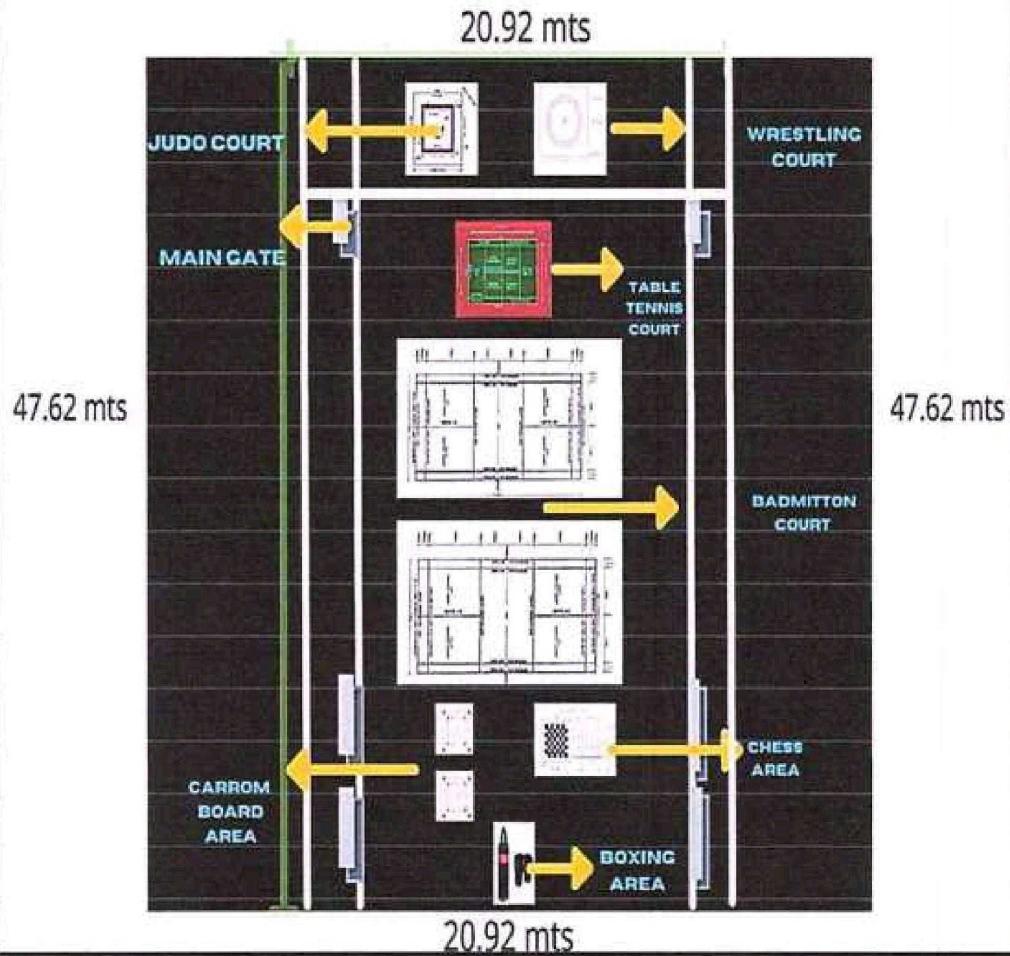
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SASC AUDITORIUM & INDOOR

Total surface area = 995.36 metre square



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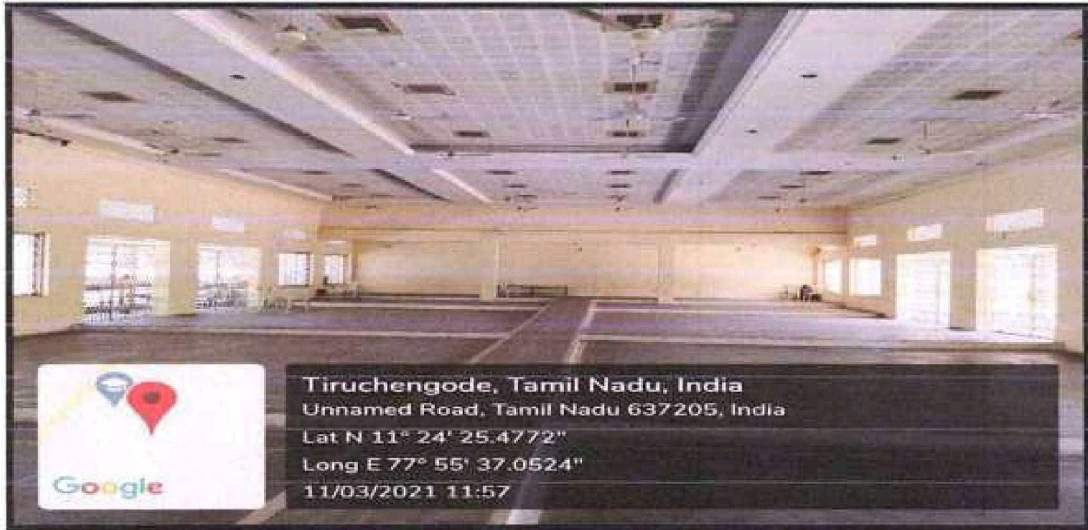
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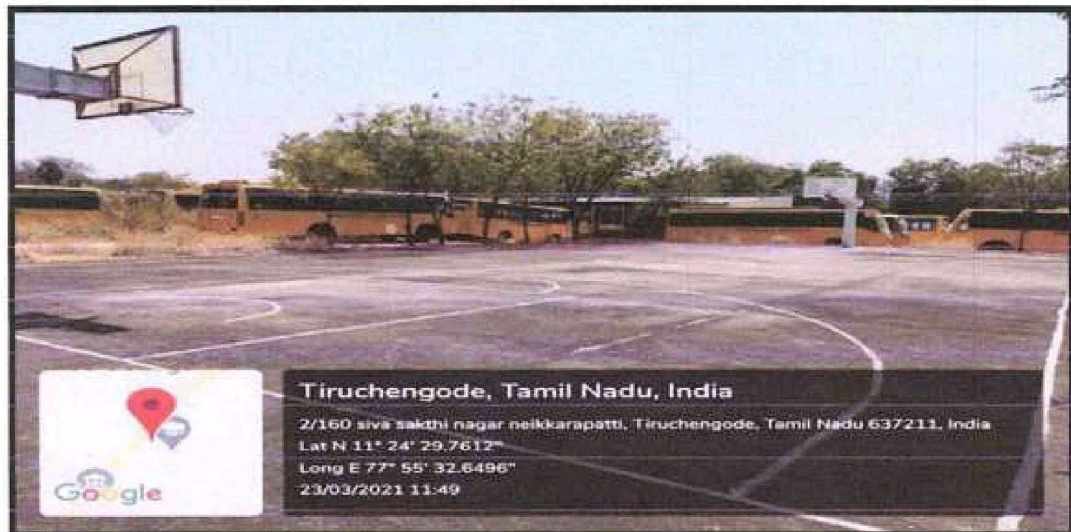
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Auditorium



Basket Ball Ground

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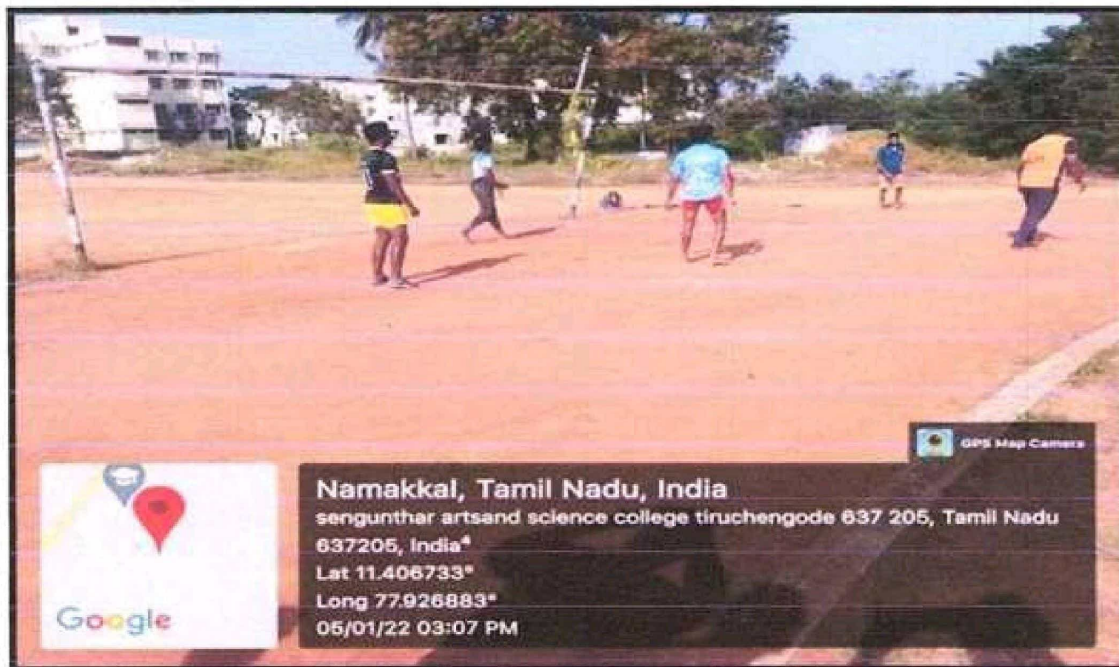
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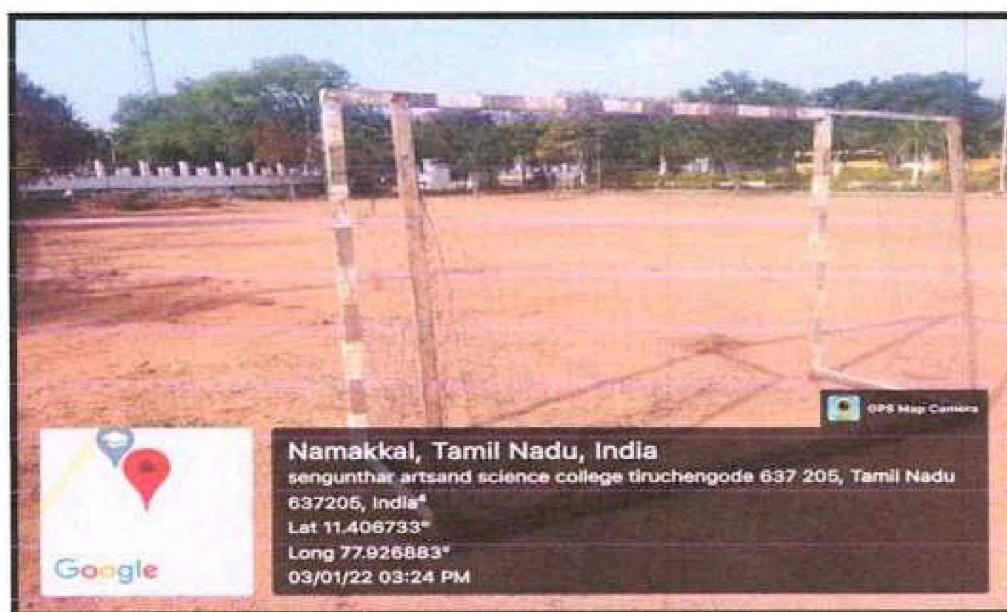
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Volley Ball Ground



Foot Ball Ground

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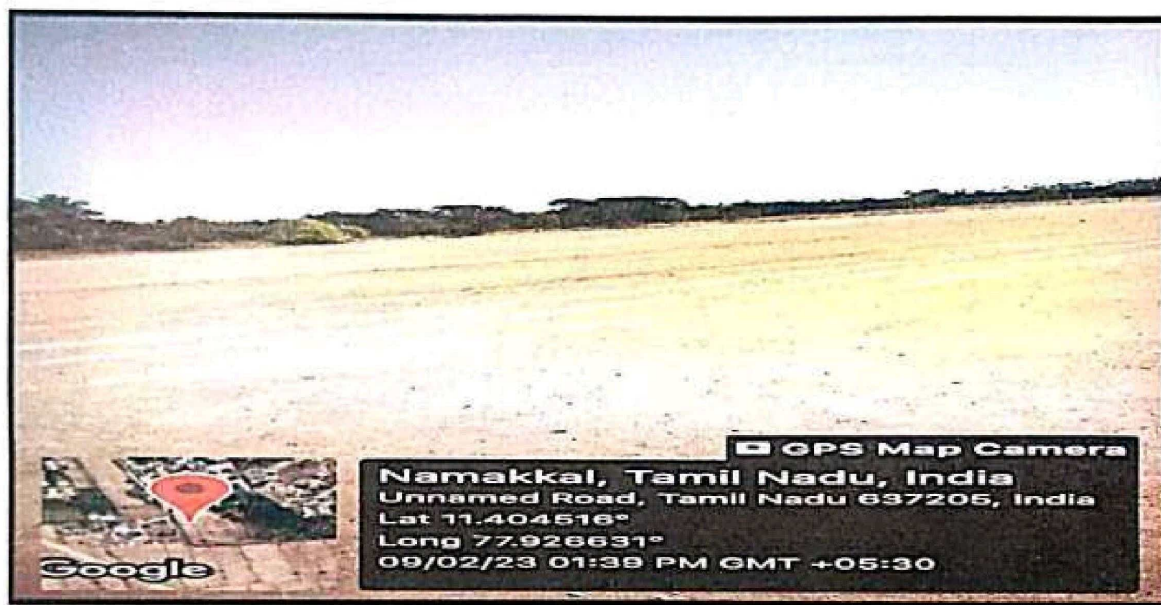
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Track and Field ground



Table Tennis

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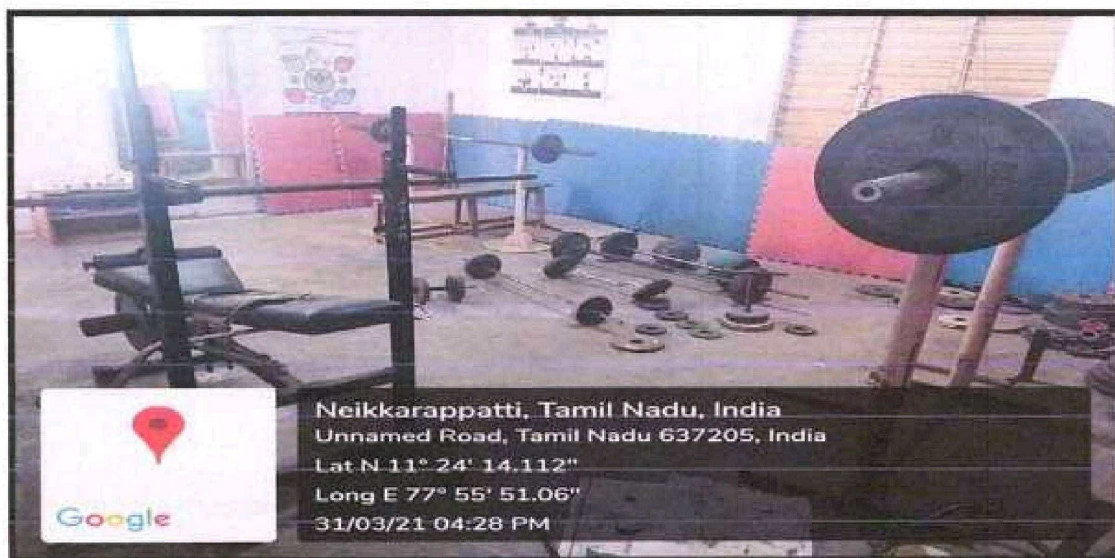
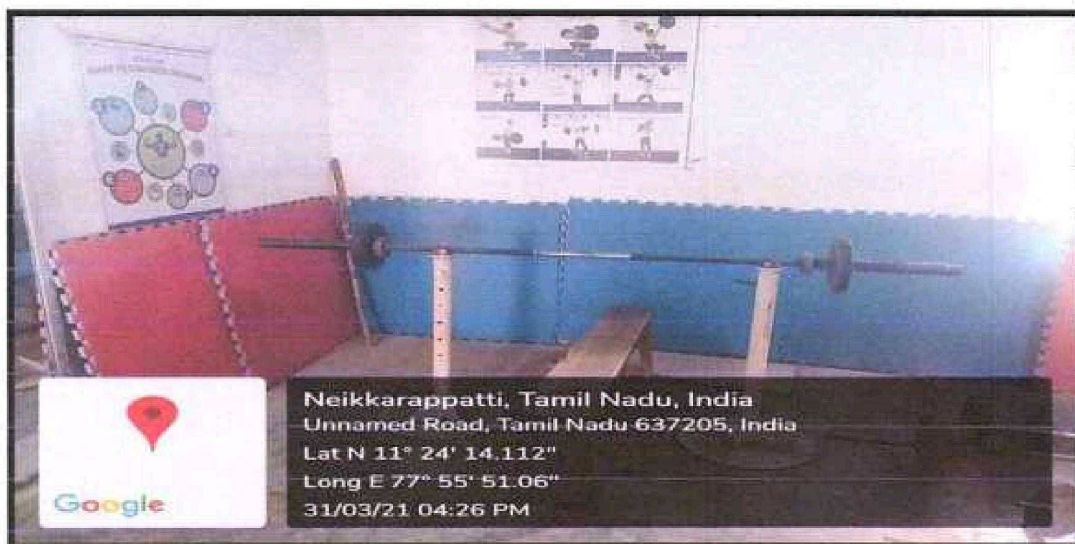
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Neikkarappatti, Tamil Nadu, India
Unnamed Road, Tamil Nadu 637205, India
Lat N 11° 24' 14.112"
Long E 77° 55' 51.06"
31/03/21 04:30 PM

Gym

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CULTURAL ACTIVITIES



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Auditorium

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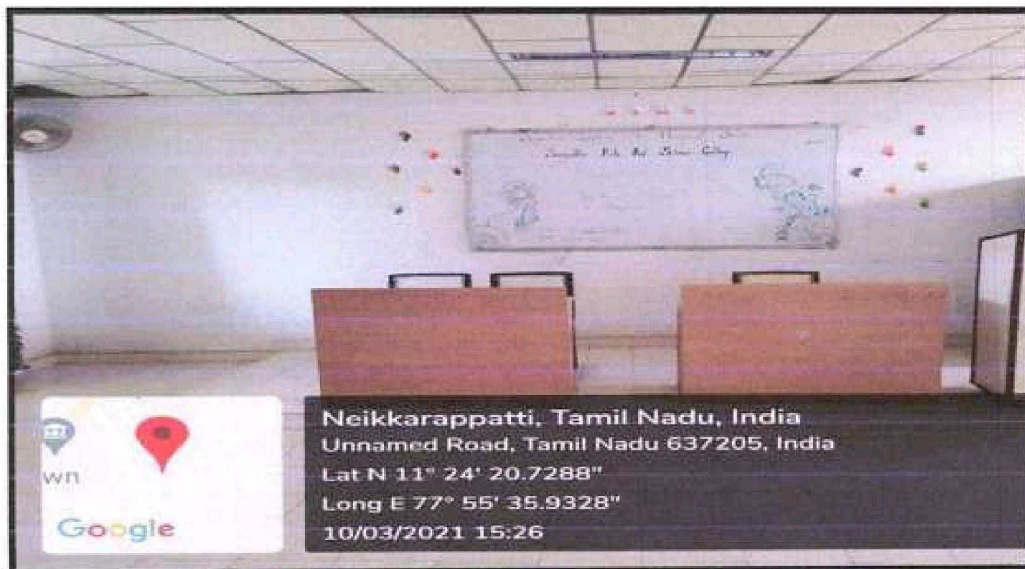

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YOGA




Yoga Centre



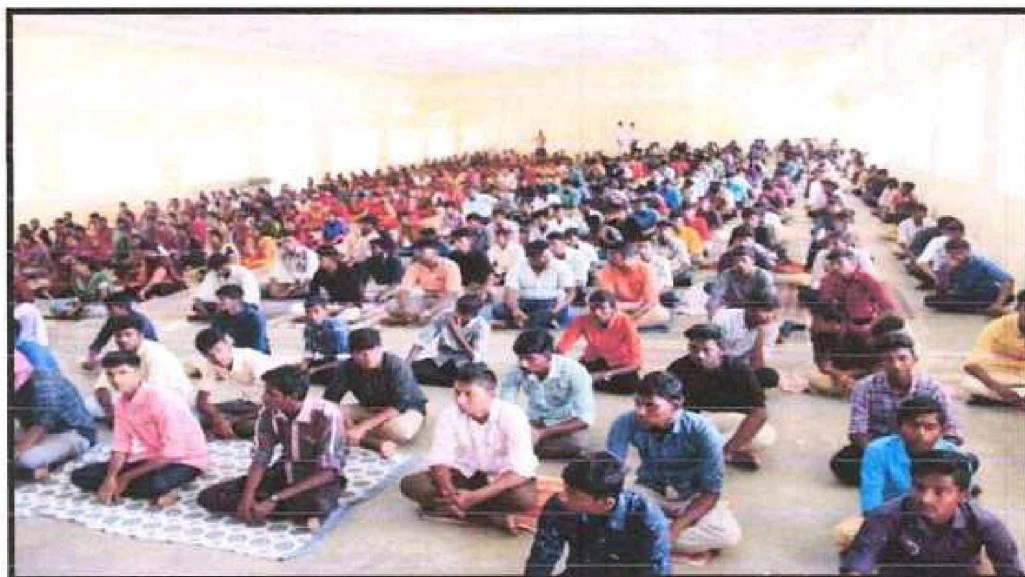
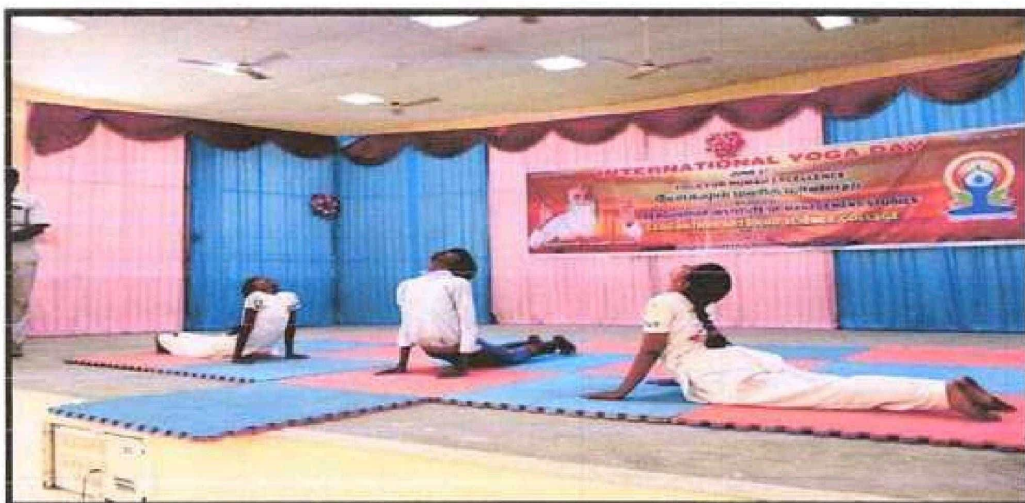
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Yoga Day

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